

# Coffin joint

## - dorsolateral approach

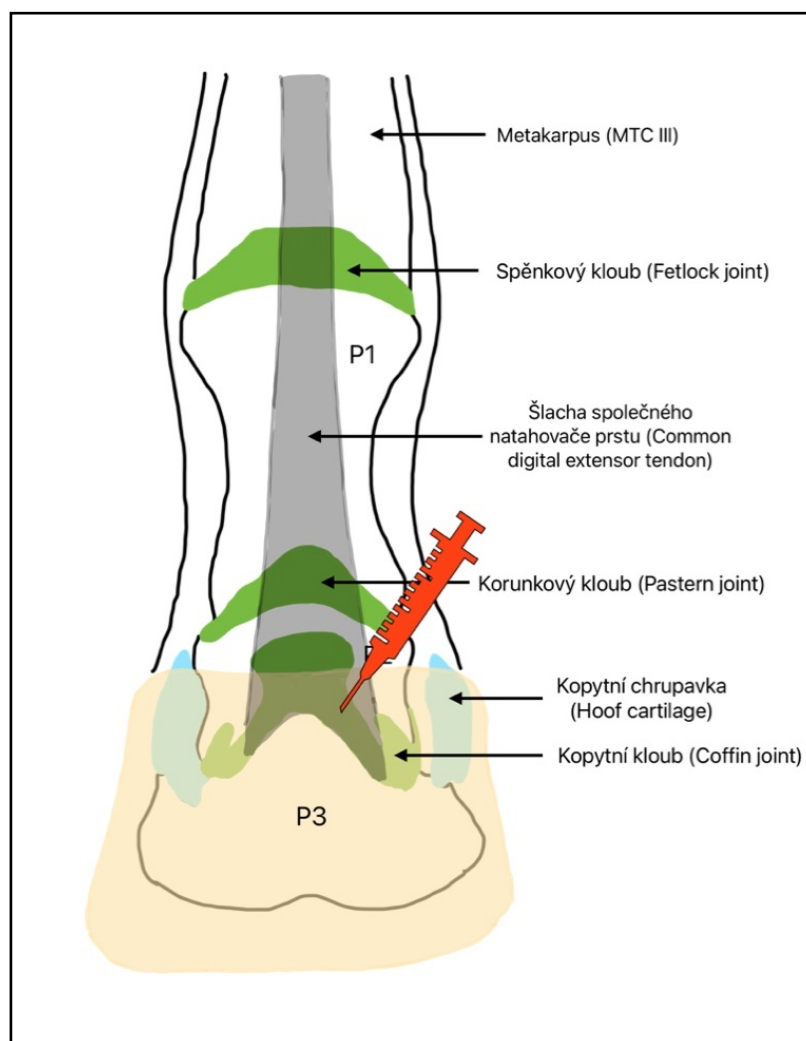
Volume of local anesthetics: 4-6 ml

Limb in weight-bearing position.

### Injection technique:

Insert the needle 1 cm above the coronary band and 2,5 cm lateral or medial from the midline of the foot.

The needle is inserted from a vertical position and directed distally and medially to the midline at 45 ° angle.





The injection site is 1 cm above the coronary band, 2 cm lateral or medial from the midline of the foot.



Insert the needle distally and medially to the midline of the foot at 45 ° angle.