

# Pastern joint

## - dorsolateral approach

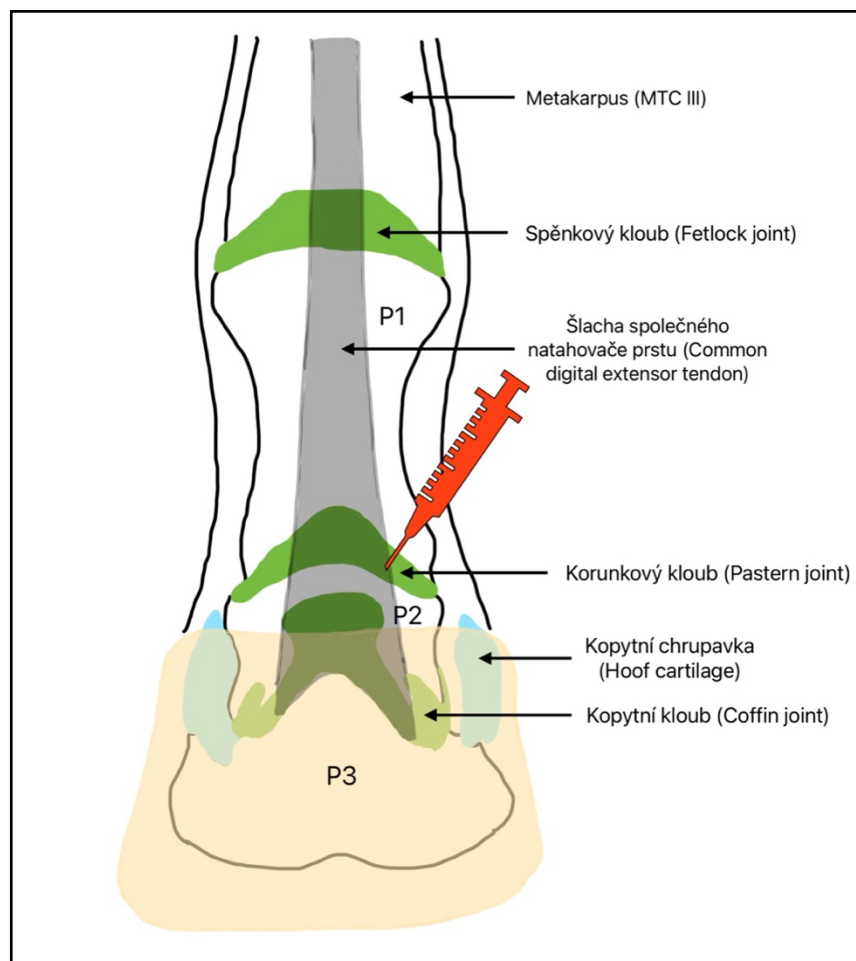
Volume of local anesthetics: 8-10 ml at each site.

Limb in weight-bearing position.

### Injection technique:

The condylar eminences of the distolateral aspect of the first phalanx are identified and a needle is inserted under the edge of the common digital extensor tendon

The needle is directed medially and parallel to the ground.





The injection site is under the edge of the common digital extensor tendon. 1,2 cm distal to the level of the lateral or medial eminence on the distal end of the first phalanx.



Insert the needle medially and parallel to the ground.