

Pastern joint

- palmar/plantar approach

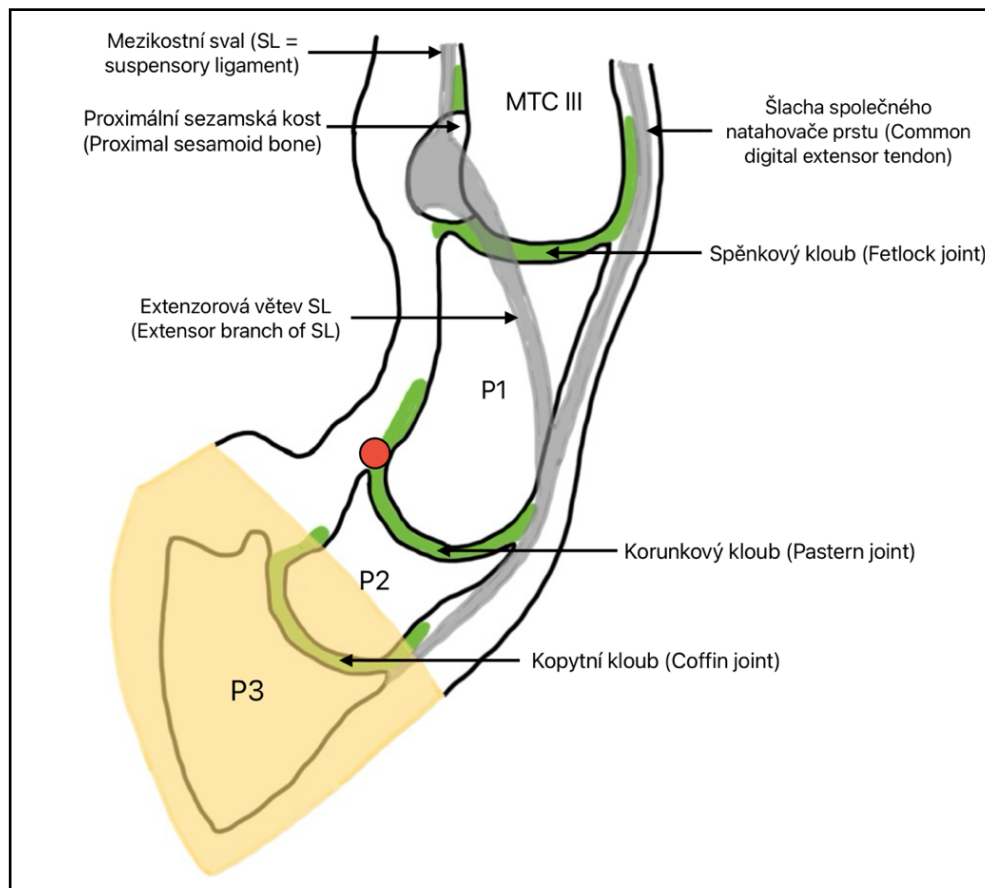
Volume of local anesthetics: 8-10 ml at each site.

Limb in a flexed position.

Injection technique:

The needle is inserted perpendicular to the limb into the V-depression, the needle is directed along the palmar/plantar aspect of the bone.

The V-depression is formed by the palmar aspect of first phalanx dorsally, the distal eminence of first phalanx distally and the lateral branch of the superficial digital flexor tendon.





The injection site is at the palmar/plantar aspect of the bone, where is the V-depression formed.



The needle is directed along the palmar/plantar aspect of the bone.